

Annex A

List of Non-Life-Threatening Conditions

The following are non-exhaustive examples of non-life-threatening conditions that may qualify for referral to the NurseFirst helpline.

- Mild to moderate symptoms of:
 - Cold and flu,
 - Strains & sprains (e.g. back pain, limb pain, bruises),
 - Cuts/open wounds with no active bleeding,
 - Nosebleeds,
 - Diarrhoea/vomiting,
 - Headaches
- Minor allergic reactions
- Animal bites without allergic symptoms and without active bleeding
- Resolved choking episodes without active symptoms
- Minor burns affecting less than 15% of the body surface area
- Minor eye-related issues (e.g. sore eyes, contact lens irritation)